

Pantogar capsules more about the preparation, vitamins for hair



PANTOGAR, HARD CAPSULES, N90

What is it? how Pantogar works, as recommended by the manufacturer. Pantogar is a vitamin for hair.

Pantogar is one of the most popular preparations - vitamins for hair, the price of which is currently quite high in Lithuania, but there are food supplements - vitamins for hair Forcapil®, whose composition is very similar to "Pantogar®" and whose price is more attractive.

How Pantogar® works

Hair cells are among the cells that are most actively dividing in the human body. If you combined the growth of each hair, 30 m of hair would form all over your head in a day.

Pantogar® capsules provide the hair roots with a variety of nutrients that are important for the formation of new hair cells.

Pantogar® capsules stimulate hair cells to form new cells; hair from the resting or slimming phase returns to the active growth phase. Pantogar® capsules are well tolerated.



Active substances in Pantogar®

Cystine, an amino acid, is responsible for the structure of hair keratin and promotes healthy hair growth.

B vitamins such as thiamine (vitamin B1) and calcium pantothenate (vitamin B5) are essential for high

metabolic activity in the formation of new hair cells.

Medicinal yeast is rich in vitamins, essential amino acids, minerals, trace elements and enzymes, as well as rich in B vitamins. It has a positive effect on skin and hair metabolism.

Keratin, a sulfur-rich protein, is a key component of hair.

How to take Pantogar

Take one Pantogar capsule three times a day for 3-6 months. Pantogar® capsules should be swallowed whole with some liquid.



The key to success is patience

The treatment period is related to the growth cycle: hair growth and loss is a slow process and can take several weeks for telogenous hair to actually fall out. This means that even after starting treatment, hair that has been "lost" before treatment may fall out.

Treatment with Pantogar® capsules directly activates the metabolism of the hair follicles and stimulates the formation of new cells. Hair loss is stopped and the hair returns to the growth phase, restoring its natural balance. However, since hair grows only about one centimeter per month, it takes several months for the treatment to become visible.

Remember that everyone is unique, so Pantogar® capsules work at different speeds, depending on what stage of your life your hair is at and how quickly they respond to the supply of active ingredients.

Why do I have to use the products for at least three months?

The hair roots usually last for three months before it can completely resume its activity and produce new hair cells. Unfortunately, many users become impatient and refuse treatment only after a few weeks. Studies have shown that as many as 30 percent of patients no longer fit their treatment plan after 10 days.

See the package leaflet that comes with each medicine for dose information. Your doctor or pharmacist may also give you a recommendation that differs from the instructions for use in your particular case. The term "compliance" is used to describe the use of medicines (such as Pantogar®) according to recommended guidelines.

The recommended dose and duration of treatment are determined by clinical trials. This information is translated into the dosing recommendations in the package leaflet.

Tolerance

Pantogar® is generally well tolerated and provides the hair with the nutrients it needs to form new hair cells. This is done through precise dosing and combination, which optimally activates hair growth.

The recommended dose of Pantogar® is 3 times a day for 3 to 6 months.

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