# Control your hair loss!

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Your hair can be one of your most beautiful assets, highlighting personality, providing it looks shiny, has bounce and is healthy.

As its vitality and premature loss depend just as much on lifestyle and diet as on genetic factors, hair thrives on a balanced diet and specific treatments.

### A COMPLETE FORMULA

This ultra-complete formula combines a vitamin B complex (B5, B6, B8, B9) with vitamin D3, minerals and amino acids, such as cystine and methionine, already present in the hair, in order to maintain its beauty, strength and vitality.

# STRENGTHEN YOUR HAIR...

**Methionine and cystine** are sulphur-containing amino acids, crucial for beautiful hair.

**Methionine is a precursor of keratin synthesis** (synthesis enhanced by vitamin D3).

## **INCORPORATE**

### **SULPHUR-CONTAINING AMINO ACIDS...**

**Keratin** is a key structural protein of hair and nail, providing them with elasticity, resistance and shine. Synthesized from sulphurated amino acids - like cystine and methionine - and thanks to the action of zinc and B-group vitamins, keratin is in general a key structural material making up the outer layer of human skin. The Forcapil® range contains complete formulations based on sulphurated amino acids (cystine and methionine), vitamins and minerals.

Vitamin B6 (pyridoxine) is essential in the metabolism of proteins and amino acids, and especially

sulphur-containing amino acids (cystine and methionine). A supplement of vitamin B6 should be combined with supplements of these two sulphur-containing amino acids.

**Vitamin B9** (folic acid), contributes to the normal synthesis of amino acids. That's why Forcapil® combines vitamin B6 and B9 with cystine and methionine.

**Vitamin B8** (also called vitamin H or biotin) helps to preserve beautiful, soft, strong, shiny and healthy hair.

Vitamin D3 has a role in cell division.

**Zinc** is one of the most important minerals in the human body. It contributes to proteins, such as keratin synthesis. It helps to maintain beautiful nails.

# Forcapil against hair loss!



