

## How to take care of dry skin yourself?

Dry skin is usually not a serious skin diagnosis. In many places, the condition of the skin is caused by factors such as hot or cold air, insufficient air pressure, or excessive use of hot water for hand washing.

There are many options to help your skin, including the use of moisturizers and revenge soap that dries the skin. But sometimes the skin dries out especially and is difficult to treat. In such cases, you may need the help of a doctor who specializes in the skin (dermatologist).

## Symptoms

Symptoms of dry skin are usually temporary (such as in winter), but can sometimes be lifelong. The signs and symptoms of dry skin depend on your age, health, place of residence, time spent outdoors, and causes of problems. Dryness of the skin may also be one or more of the following symptoms:

- Feeling of tight skin, especially after taking a shower
- Skin that is obvious and looks rough
- Itching Slight or severe flaking or peeling of the skin
- Minor cracks
- Redness Deep cracks that can bleed

Read more at [www.eubos.it](http://www.eubos.it)

Eczema, hair vitamins, facial cleansing, cosmetics, Korean cosmetics, Korean cosmetics, skin disease, eyebrow dyeing